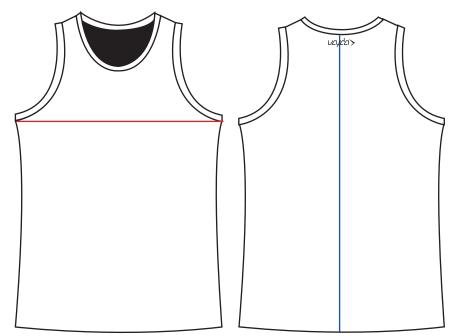
## SIZE CHART



## Training Singlet

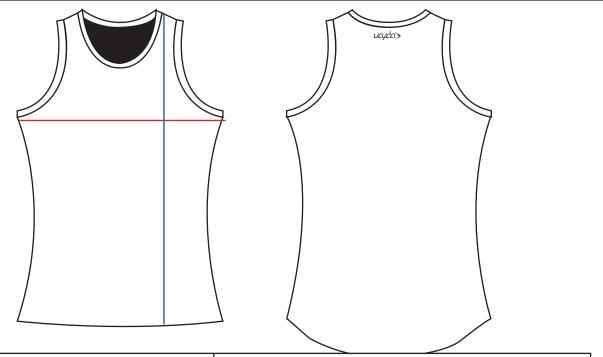
135gsm Birdseye Mesh or 140gsm Interlock



## **Regular Cut**

Womens Cut

	KIDS SIZES						MENS/UNISEX SIZES								
	4	6	8	10	12	14	XS	S	Μ	L	XL	2XL	3XL	4XL	5XL
1/2 Chest	38	40	42	46	48	50	52	54	56	58	60	63	66	69	71
Length	55	58	61	64	66	68	70	72	74	76	78	80	82	84	86



		G	FIRLS SIZ	ES		WOMENS SIZES								
	6	8	10	12	14	XS	S	Μ	L	XL	2XL	3XL	4XL	
1/2 Chest	24	36	38	40	42	44	46	48	50	52	54	56	58	
Length (front)	52	54	56	58	60	62	64	66	68	70	72	74	76	

NOTE: All Measurements are in centimetres

Tolerance: +/- 2cm

**Measuring Instructions:** using a shirt you currently have that is correctly fitting, place the shirt on a flat surface and measure across the shirt (armpit to armpit) to determine the chest measurements. Use the size chart above to cross reference the measurement into the size matrix.